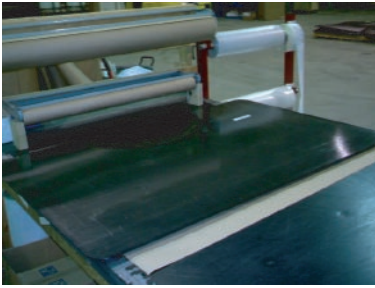


How to Package a Mat



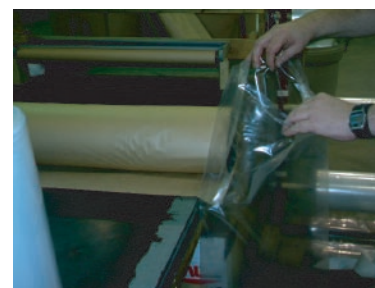
1. Lay the mat (with the foam side up) on a flat surface with a piece of kraft paper underneath.
NOTE: Rolling the mat with the top surface facing up will damage the mat.



2. Roll mat keeping it straight.



3. Roll the mat in kraft paper.



4. Place sleeve around rolled mat and kraft paper.



5. Once mat is in the sleeve make sure the mat has fully expanded.



6. Place mat into box. Line up box flaps of box.



7. Tape. You may use many styles of tape.



8. This picture shows us using reinforced gummed kraft paper tape.



9. This picture shows us adding clear packing tape over the gummed paper tape.



10. Your package is now complete!